



# 800-448-3000

## Boys Town National Hotline®

A crisis, resource and referral number for KIDS and PARENTS.

**24 hours a day, 7 days a week**

The Boys Town  
National Hotline  
is for kids, teens  
and parents who  
**need help.**

Depression

Suicidal thoughts

Self-harm

Parenting problems

Relationship issues

Stress and anxiety

Physical, sexual or  
emotional abuse

Anger problems

School problems,  
bullying, peer pressure

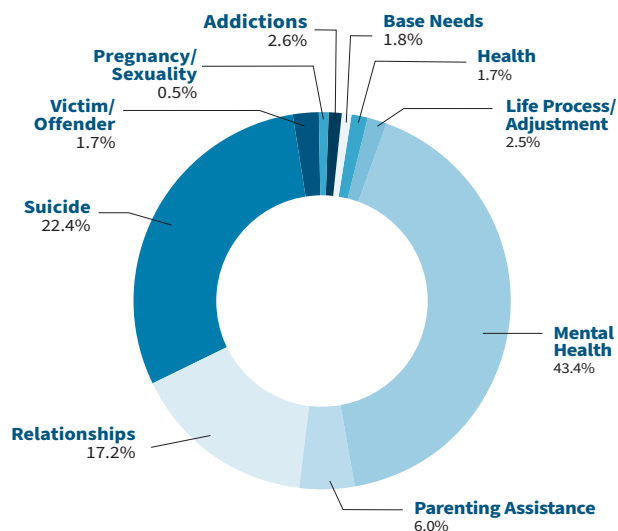
Chemical dependency

## The Hotline is here for you.

- > Call toll-free from all 50 states, the District of Columbia, the U.S. Territories and Canada. The Hotline answered 79,696 calls last year.
- > Spanish-speaking counselors as well as access to interpretation services for more than a hundred other languages are available 24 hours a day.
- > The hearing-impaired can communicate with counselors by emailing **hotline@boystown.org**.
- > Hotline counselors can make referrals to services in your local area because the Hotline database contains up-to-date information on more than 20,000 human service agencies.
- > Parents can get advice and tips for raising their children at **parenting.org** and by emailing their parenting questions to **hotline@boystown.org**.
- > Kids and teens can find information to help with the daily challenges they face and get support from trained counselors (via call, text or email) on the Hotline's website, **YourLifeYourVoice.org**. The Hotline responded to 19,978 web-based contacts in 2024.
- > Last year, the National Hotline helped prevent 435 suicides.

### 2024 CONTACTS BY PRESENTING PROBLEMS (all ages)

*72,370 contacts where presenting  
problem was identified. General  
information contacts not included.*



Learn more about the Hotline at  
**boystown.org/hotline**

Send questions or concerns to  
**hotline@boystown.org**

Find parenting advice and  
tips at **parenting.org**

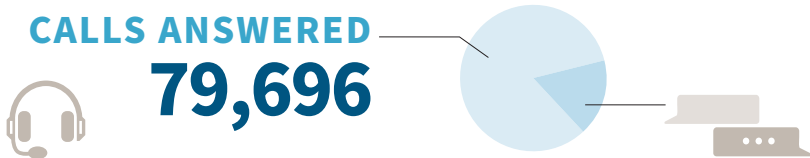
Teens can reach out  
at **yourlifeyourvoice.org**

# 2024 BOYS TOWN NATIONAL HOTLINE KEY IMPACT NUMBERS



29%  
of all contacts were  
**AGE 23 AND  
UNDER**

**99,674**  
**TOTAL HOTLINE CONTACTS**  
*(calls answered, web contacts)*



**23,986**   
**HOURS COUNSELORS SPOKE  
WITH CALLERS**

**WEB CONTACTS**  
*(chats, emails and texts)*  
**19,978**

BOYS TOWN NATIONAL HOTLINE  
CRISIS COUNSELORS  
**STOPPED 435**  
**SUICIDES**

in progress /  
intervention  
required

**13,915**   
**SUICIDE IDEATION CONTACTS**



**1,026,298**

*YOUR Life YOUR Voice.org*

**WEB VIEWS**

**TOP 5**  
**REASONS FOR YOUNG  
PEOPLE CONTACTS**  
*(23 AND UNDER)*

- 25% **Suicide Ideation**
- 20% **Anxiety**
- 8% **Depression**
- 7% **Significant Other**
- 5% **Parent Child Relationship**

ALSO PROVIDED BY THE BOYS TOWN NATIONAL HOTLINE

**7,699**  
**CONTACTS**

**SAFE 2 HELP**  
NEBRASKA

**1,193**  
**REPORTS RECEIVED**  
*(calls, mobile app, website)*

**988**  
SUICIDE  
& CRISIS  
LIFELINE

**33,527**  
**CONTACTS**